

# Do Digestive Enzymes increase the absorption of proteins and carbohydrates?



## NEC – TNO Studies

Efficacy of supplemental enzymes on the digestibility of proteins and carbohydrates during transit through a dynamic gastrointestinal model (TIM) simulating gastric and small intestinal conditions



## TNO: Background

- TNO Nutrition and Food Research
- Independent research organization in the Netherlands
- Link between fundamental research and its application to food and drugs
- NEC TNO collaboration

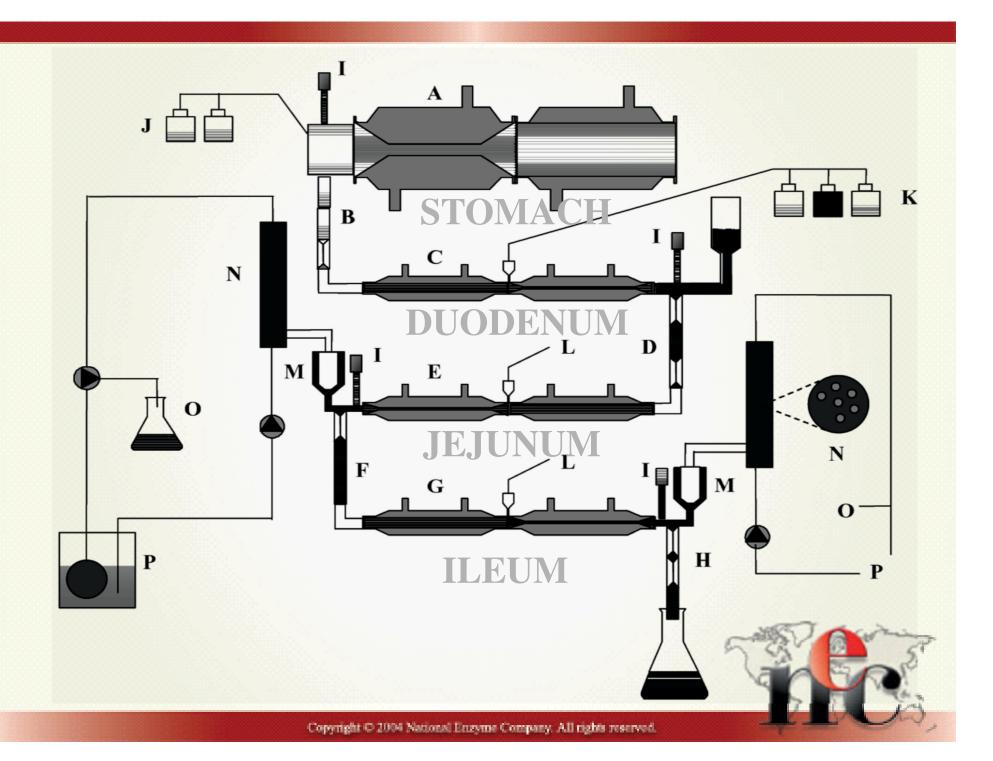


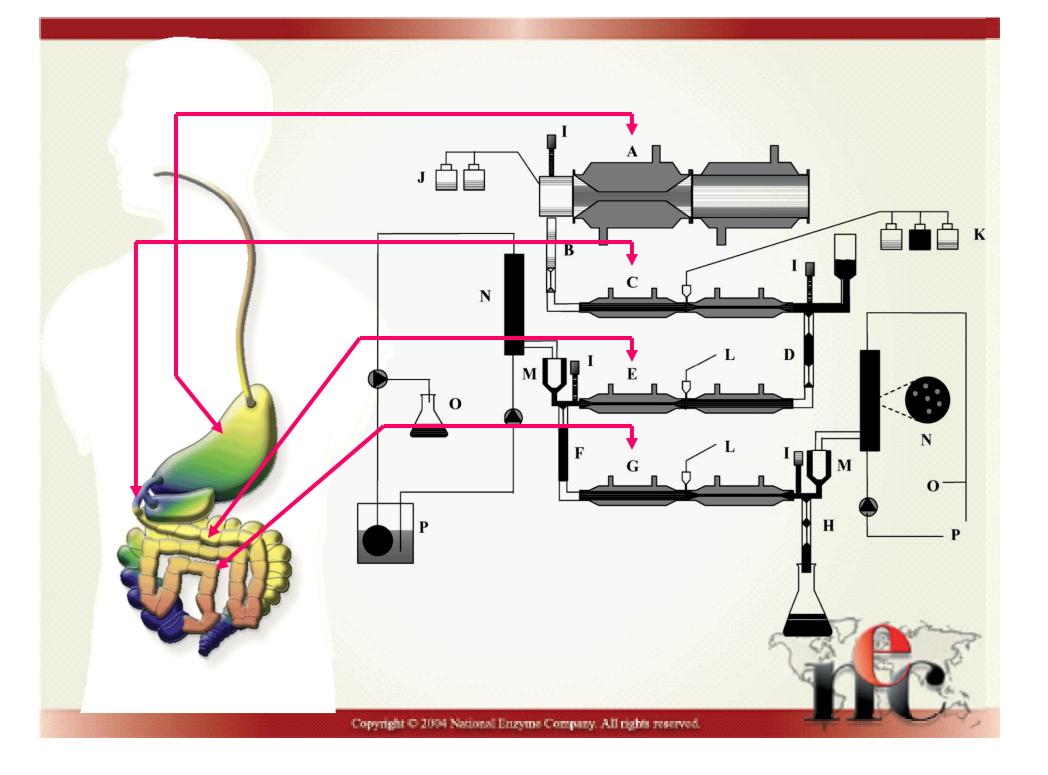
## TNO: What is TIM?

- in vitro Dynamic gastrointestinal model
- Simulate stomach, small intestine and large intestine conditions
- Sampling during digestion
- Specific protocol development and validation









## Study Protocol

- Aim: To determine the efficacy of exogenous NEC enzymes on the digestibility of proteins and carbohydrates
- Standard FDA-type test meal
- Proteins, carbohydrates and fat
- Mouth, stomach and small intestine conditions



## Protocol: cont'd

- Meal mixed with artificial saliva and water
- Stomach secretions: acid and pepsin
- Duodenum: bicarbonate and pancreatin
- Small intestine
- Enzyme Blend: Proteases, Carbohydrases, Lipases



## Protocol: cont'd

- Gastric emptying and intestinal passage mimicked for humans
- Temperature, peristalsis, pH, etc...
  controlled by computer
- Sampling spots: Jejunum and Ileum
- Small intestine: Semi-permeable membrane



## **Conditions Tested**

- 1. Perfect digestion
- 2. Perfect digestion with NEC enzymes
- 3. Impaired digestion (30% of pancreatin)
- 4. Impaired digestion with NEC enzymes

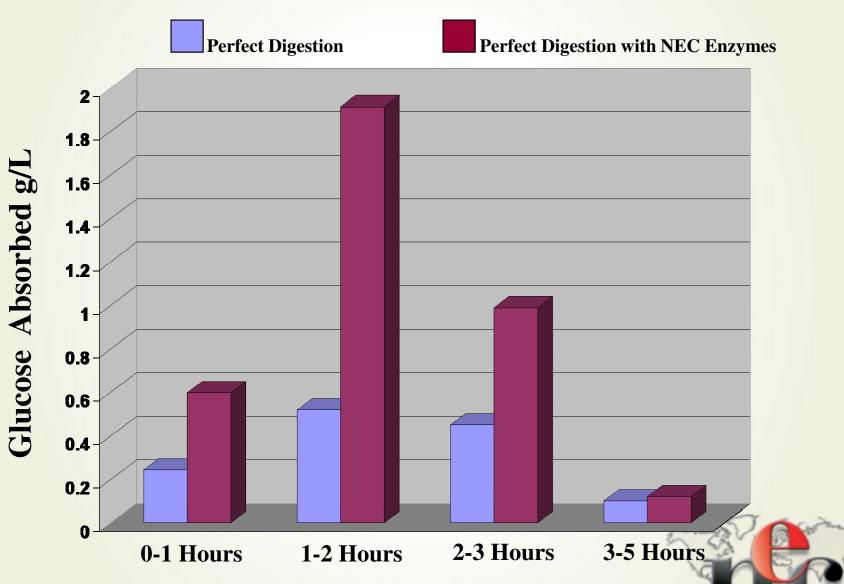
Most of us fall in between these two extreme conditions



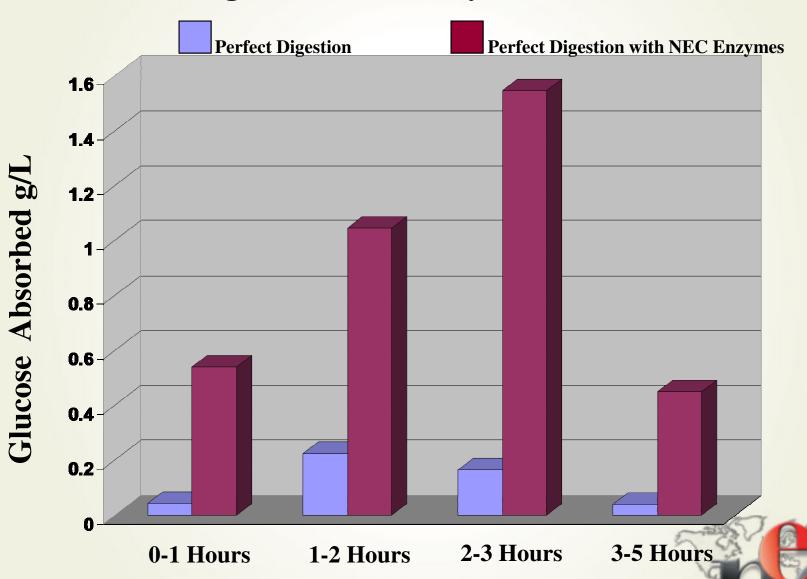
## **Condition 1: Perfect Digestion**



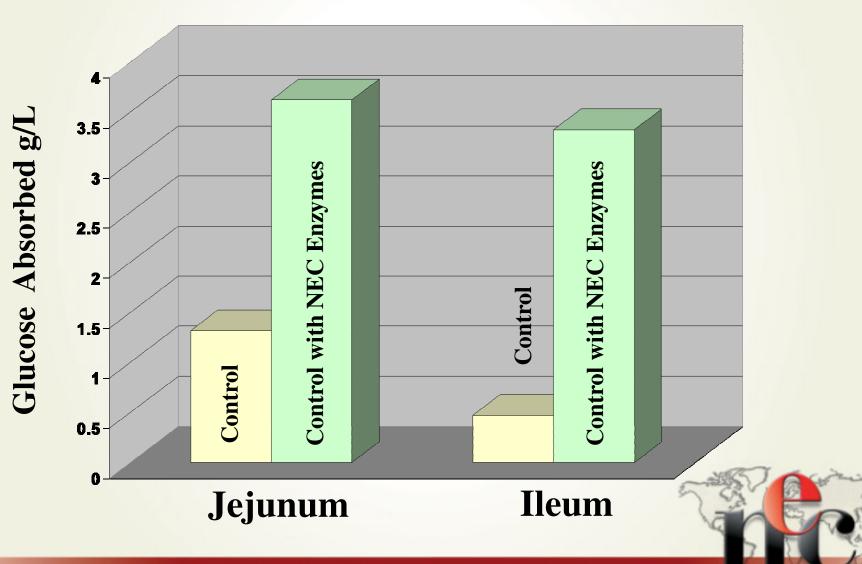
#### Digestion of Carbohydrates in Jejunum



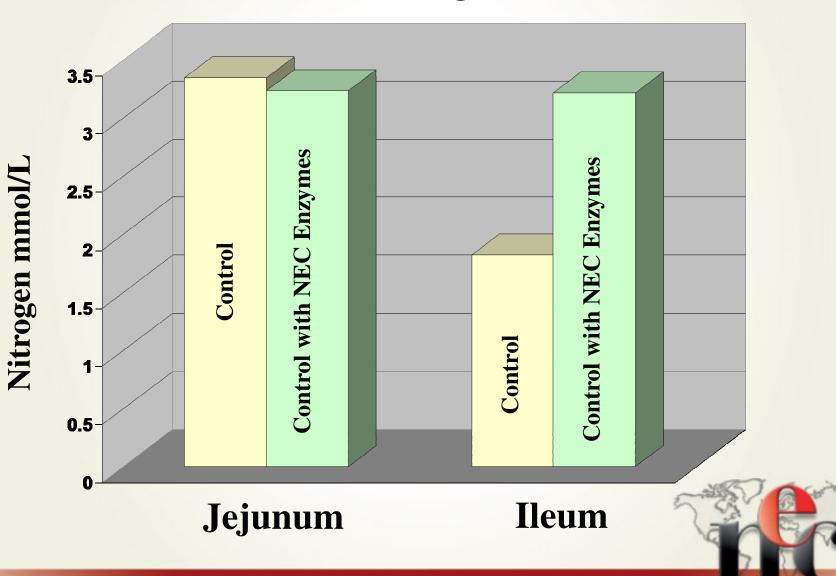
#### **Digestion of Carbohydrates in Ileum**



#### Carbohydrate Digestion: Small Intestine Perfect Digestion



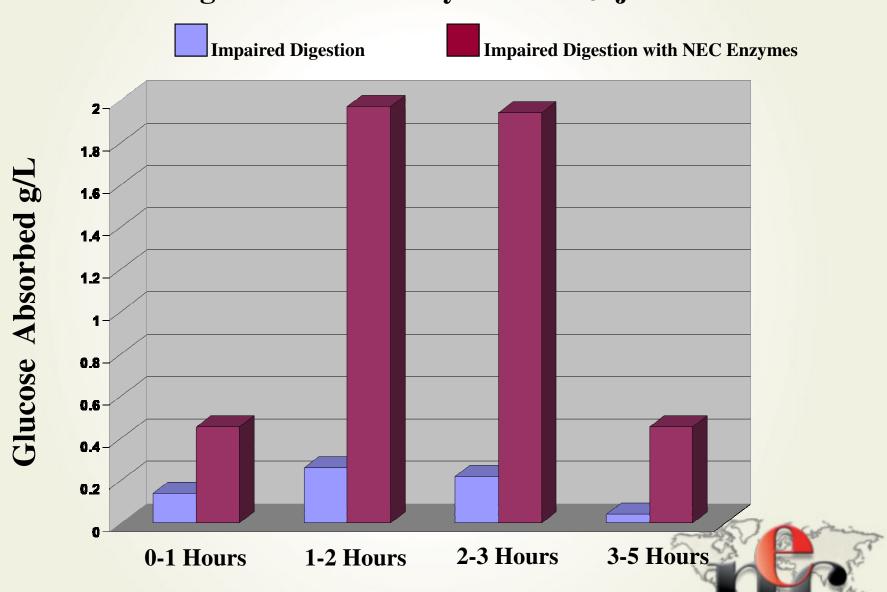
#### Protein Digestion: Small Intestine Perfect Digestion



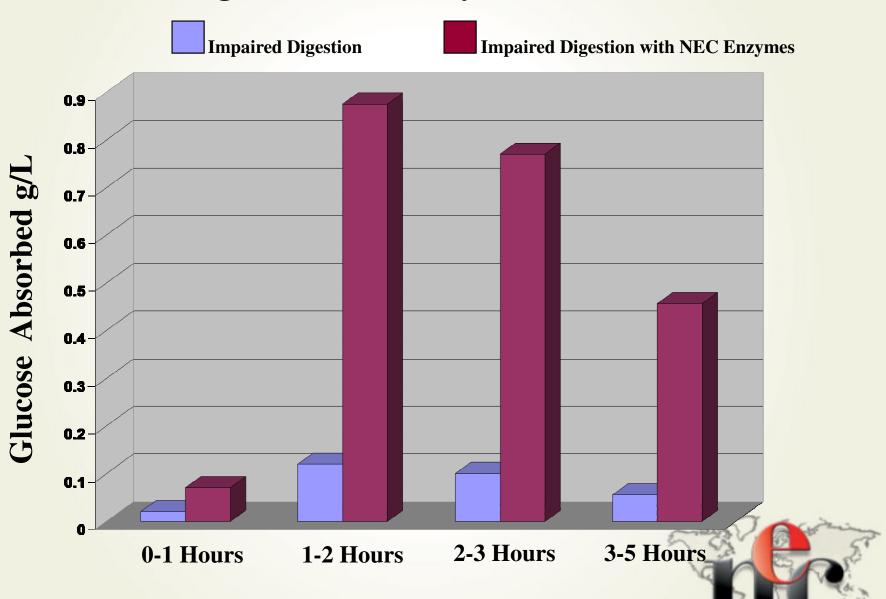
## **Condition 2: Impaired Digestion**



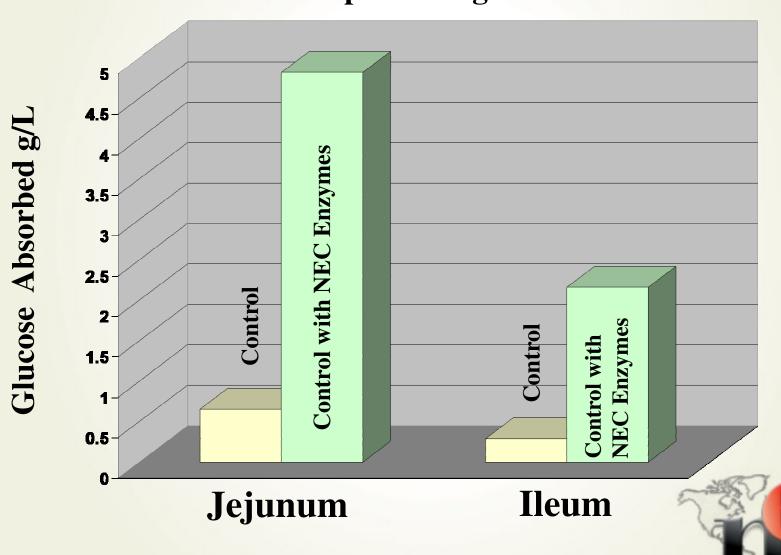
#### Digestion of Carbohydrates in Jejunum



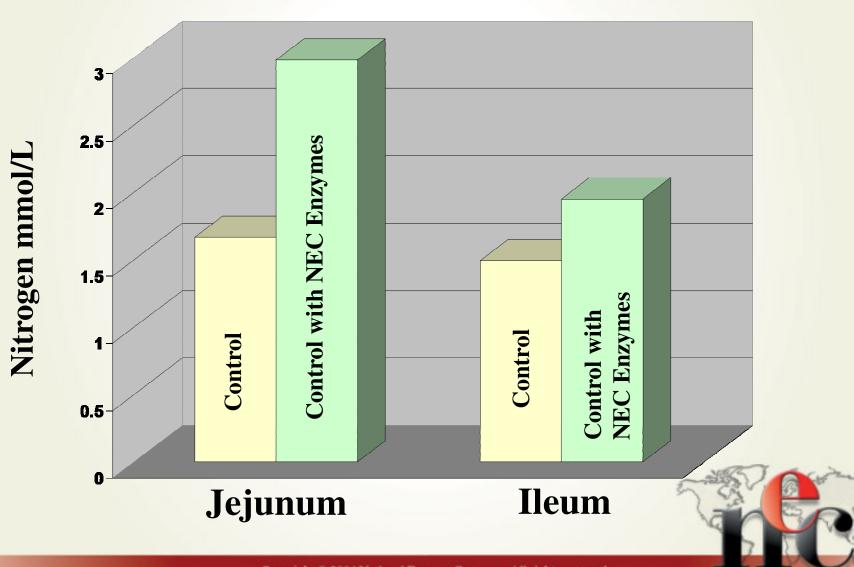
#### **Digestion of Carbohydrates in Ileum**



# Carbohydrate Digestion: Small Intestine Impaired Digestion



# Protein Digestion: Small Intestine Impaired Digestion



### Conclusion:

- NEC Fungal enzymes have a broad pH range
- They not only survive stomach acidity but also are active at low pH
- They are safe
- NEC Fungal Enzymes increase the digestion of proteins and carbohydrates

